



The Royal Canadian Legion

West Carleton Branch 616



NOVEMBER 2025

VOLUME 17, ISSUE 06



377 Allburch Road, and
Constance Bay, ON,
K0A 3M0
(613) 832-2082

[Website](#)

[E-mail](#)

[Facebook](#)

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♥ **Pictures**.

♥ **Coming Up** . . .

♥ **Past Events** . . .

♥ **Calendars**.

♥ **TGIF Dinner
Schedule** . . .



November Newsletter

Branch 616 has had the expected busy fall season, i.e.the Earlybird Membership Campaign, Legion Week, Meals to Wheels kickoff, Halloween, standing events plus various private events, and preparations for Remembrance Day. Branch President Kevin Johnson and 2nd VP Arleen Morrow attended the annual Legion Seminar at the Perley Veterans Care Centre. We presented the Perley with a \$2,000.00 donation for Veterans Comforts.

Both the Ladies Auxiliary and Branch had their annual Zone Commanders Inspections – both passed with flying colours.

The Earlybird Campaign has one more month to go with a record 66% of members paid for 2026. There is one month left for a chance to get your money back and to get the fee discount. The October winner of the refund is Sue Johnson! Congrats Comrade!



The Poppy Campaign is underway. You can get your poppies and pins from our volunteers at the usual outlets - the Metro store, Sobeys, and the LCBO on March Road. If interested in volunteering your time at these locations give the Legion a call or drop in and sign up for a two hour shift. Poppies are also available at many other participating businesses in the area.

As is the custom, Branch 616 will hold its Remembrance Day service on the Saturday before November 11th, which this year will be on November 8th. Almonte Branch 240 and Kanata Branch 638 will be joining colours with us for the parade and ceremony. After the ceremony at the cenotaph everyone is invited inside for a complimentary lunch prepared by the Ladies Auxiliary. On November 11th the Branch will open at 1000 hours. Anyone wishing to view the broadcast of the National Ceremony at the War Memorial in down town Ottawa is welcome to drop in. Also on November 11th members of Branch 616 will be dispersed to various locations in West Carleton to carry colours in their parades. Poster attached.

With the fall schedule winding down, Branch 616 is gearing up for the holiday season. There is a full yearend calendar coming up including sports events that we are hosting or attending, and a visit to the vets at the Perley . December is packed with Christmas celebrations right up to Christmas Eve. Then we have a week of rest before we kick off the New Year with the annual New Year's Day Levee.

Newsletter by Arleen Morrow
& Marilyn Deslauriers

Last Post: We sadly announce the passing of Stanley Grover at the Perley Veterans Care Centre. He was a member of Branch 616 for 32 years, also a past officer of the Branch executive. He was a loving father, grandfather, great grandfather, husband, and a proud Korean Veteran. Our condolences to his wife Beverley and their family. RIP Comrade.

Past Events:

Monday October 6, Perley Veterans Care Centre Legion Seminar: Branch President Kevin Johnson and 2nd VP Arleen Morrow attended this annual event held by the Perley admins to thank the Legion Branches for their generous support of the Veterans and to show them how their donations are used. After their opening remarks, the staff took their Legion guests on a tour of the facilities then back to the meeting hall for lunch. Thank you to the Perley staff for taking such good care of our Veterans and Seniors. Pics p 4.

Friday October 10, Meals to Wheels Thanksgiving Dinner: This popular event came back with a bang! Harriet whipped up a Thanksgiving Turkey dinner for 150! The Friday volunteers had them out to the drive-thru lineup plus the indoor diners in less than an hour! Thank you to Harriet, the volunteers and the patrons!

Thursday October 16, Seniors Social: Another perfect party for our Seniors! Everyone dressed up for the Halloween theme! There were goblins, witches, pumpkins and even a cavewoman! And a nurse and doctor brought their patient out for a little break from routine! Thank you to Julie Maheral and helpers for doing this for our seniors every month! See you all at the next one! Pics p 5.

Friday October 24: Meals to Wheels Schnitzel Dinner by Anita! Another successful and delicious effort by the Friday crew. This meal was also gone in record time with Anita cooking the schnitzels on the fly and the crew delivering them out the door hot off the grill! Thank you to everyone involved!

Saturday October 25: Halloween Benefit for Carrie. A very successful event organized by a great bunch of girls and guys. Halloween costumes, games, food, fantastic decorations, and entertainment - 'Nt Nrml' kept the dance floor hopping all night - this party had everything! Thank you to the organizers and all who supported this great night for Carrie and the Branch.

Coming Up:

Friday November 7, Meals to Wheels Drive-thru Dinner: TBA

Saturday November 8, Branch 616 Remembrance Day Observance: Meet at the Legion at 1200 hours. A bus will be provided for transportation to Constance Bay Road and McConnell where the parade will form up for the march off to the Legion at 1330 hours. At the completion of the ceremony at the Legion cenotaph all are invited inside for a complimentary late lunch. Poster p 8.

Tuesday November 11, National Remembrance Day: The Legion will open at 10:00 a.m. All TVs will be tuned in to the **Service** at the War Memorial and Tomb of the Unknown Soldier, downtown Ottawa.

Thursday November 13: Senior's Social: Theme - "Welcome to Hollywood" featuring a 20 piece Musical Group! Don't miss it !! poster p 11.

Saturday November 15: Private booking

Saturday November 22, Ladies Auxiliary Zone Team Darts

Saturday November 22: The **Veterans** at the Perley Health Centre are unable to visit Branch 616 for their annual **Christmas Party** so we will take it to them! The party will be in The Pub! We will take gift bags and treats and provide entertainment! Please sign up for this assignment – the more the merrier!

Saturday November 29: Branch Zone Darts

Sunday November 30: Ladies Auxiliary Annual Christmas Bazaar: 8:30 a.m. to 2:30 pm. Vendors tables \$15.00 ea (6') or 2 for \$20.00 ; crafts, jewellery, white elephant, baking & deli ; Doors will open at 7:00 a.m. for vendors. Poster & Reservations form p 9 & 10.

Sunday December 7, Stonehouse party (Private)

Saturday December 13, Sandhill Seniors Christmas Party. Details to follow

Sunday December 14: Children's Annual Christmas Party: 12:30 to 3:00 pm; Lunch, crafts, cookies to decorate, and SANTA with treats & gifts! All kids welcome! Parents please bring a wrapped gift for Santa to hand out to your child! Thank you!

Saturday December 20, Branch Christmas Bash: Entertainment by Rockin' Jimmy Cochrane!! 8:00 pm
Door Prizes, Food, Great Music !! \$10.00 per person !! Tickets will be at the Bar soon!!.

Sunday December 21, Turkey Shoot! Registration 11:00 a.m., play 11:30 a.m; blind draw mixed doubles, \$10.00 per person. Everyone 19 yrs+ welcome! Win your Christmas Bird!!

Tuesday December 23, Ladies Darts Christmas Pajama Party: Secret Santa, hot and cold buffet

Thursday January 1, 2026: New Year's Day Levee ! Bar open at noon, Complimentary lunch 1:00 pm
Everyone Welcome!

Don't Forget:

Next L.A. Meeting – Monday December 8, 7:00 pm.

Next Branch Meeting – Monday November 17; 7:00 pm.

Hall Rental: We have an 80 to 100 capacity space to rent - please call the Branch for info **613-832-2082**

Standing Dates:

Monday: Every 1st Monday: Ladies Auxiliary Meeting 7:00 pm.

Every 3rd Monday: Branch Executive Meeting 6:30 pm.

Every 3rd Monday of June September November January March May: Branch General Meeting 7:00 pm.

The Legion fiscal year starts on June 1; July & August general meetings are suspended

Tuesday: Ladies' Darts 7:00 pm. Every 2nd Tuesday: Seniors Potluck & Meeting 12:00 noon

Wednesday:

Thursday: Men's Darts 7:00 pm.

Friday: Mixed Darts 7:00 pm.

Every 2nd Friday: Meals to Wheels TGIF Dinner 5:30 p.m., \$20.00

Canada Day: every July 1st

Legion Week: 3rd Sunday in September to following Saturday

Branch Remembrance Day: Saturday prior to November 11

New Year's Day Levee: every January 1st

St. Patrick's Day Celebration: Every March 17

Children's Easter Party: every Easter Sunday

RED FRIDAYS - Please show your support for our troops and their families and to the families of the 158 soldiers killed in Afghanistan by wearing red on Fridays.





Perley Seminar



L.A. Zone Commander's Inspection







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 Ladies Darts 7pm	5	6 Men's Darts 7pm	7 Mixed Darts 7pm Meals to Wheels	8 616 Remembrance Day
9	10	11 Remembrance Day Ladies Darts 7pm	12	13 Men's Darts 7pm	14 Mixed Darts 7pm	15 Booked
16	17	18 Ladies Darts 7pm	19	20 Men's Darts 7pm	21 Mixed Darts 7pm Meals to Wheels	22 L.A. Zone team darts Branch visit to the Perley
23	24	25 Ladies Darts 7pm	26	27 Men's Darts 7pm	28 Mixed Darts 7pm	29 Branch Zone Darts
30 LA Christmas Bazaar *8:30 am	* TBC					

DECEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LA Christmas Bazaar	1	2 Ladies Darts 7pm	3	4 Men's Darts 7pm	5 Mixed Darts 7pm Meals to Wheels	6 Santa Claus Parade
7 Booked	8	9 Ladies Darts 7pm	10	11 Men's Darts 7pm	12 Mixed Darts 7pm	13 Seniors Christmas Party
14 Childrens Christmas Party	15	16 Ladies Darts 7pm	17	18 Men's Darts 7pm	19 Mixed Darts 7pm Meals to Wheels	20 Branch Christmas BASH 8:00 pm
21 Turkey Shoot	22	23 Ladies Darts 7pm Pajama Party	24	25 Christmas Day 	26 Mixed Darts 7pm	27
28	29	30 Ladies Darts 7pm	31	<p style="text-align: center;">Happy New Year !! Branch New Years Levee</p> 		

Royal Canadian Legion

**Branch 616 West Carleton
377 Allbirch Road
Woodlawn**

Remembrance Day

Saturday November 08, 2025

The Branch will open at 1200 hours (12:00 noon).

A bus will be provided for transportation

to

McConnell Street and Constance Bay Road

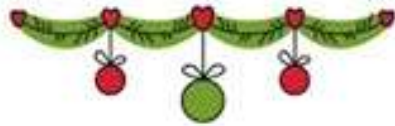
where the parade will form up

at 1300 hours (1:00 pm)

**March off at 1330 hours (1:30 pm) for the ceremony at the
Legion cenotaph.**

**Please come inside after the service for a late lunch,
courtesy of the Branch.**

**LEST
WE
FORGET**



LEGION 616

Ladies Auxiliary



Christmas BAZAAR

Sun. Nov. 30

8:30 am – 2:30 pm

\$15.00 per 6' table or 2 for \$20.00

Call **613-832-2082** to book a space or come in and see the Bar Steward. Signup forms are at the Bar.

Crafts, Jewelry, Baking, New-to-You, etc

Door will open at 7:30 am.
for setup





Royal Canadian Legion
West Carleton Branch 616
377 Allbirch Road
Constance Bay



Ladies Auxiliary
Annual Christmas Bazaar

8:30 a.m. to 2:30 p.m.

Tables - \$15.00 ea. or 2 for \$20.00

Date of Event..... 30th November 2025.....

Vendor.....

Product.....

No. of Tables:

Power Outlet needed?

Payment rec'd. by

Thank You!

Senior's Social with Music

Party Theme: **'Welcome to Hollywood'**

With Special Musical Guests **THE SALC BRASS ENSEMBLE +**

*SALC (Seniors Active Living Centre)
Brass Ensemble +
Ampror's own Big Band!*

The SALC Brass Ensemble+ is made up of a group of talented and retired Ampror Seniors. The group plays a varied repertoire that includes big band classics from composers such as Duke Ellington, Tommy Dorsey and Count Basie to many of your favourite pop/rock bands and performers from the 60's to the 2000's, such as the Mamas and Papas, the Doors, Santana, Chicago, Wilson Pickett, Stevie Wonder, Lady Gaga and of course many of the Beatles greatest hits. With the recent addition of our talented vocalist, Ms. Kari Robertson we look forward to entertaining you!

"Big Band to the Beatles"



*Come experience 'Big Band to the Beatles' music while enjoying a lovely lunch. Dance , Sway or Sing to the songs, if you desire! **Dress up if you wish!!** non-alcoholic wine & beer available.*

Thurs, November 13th

11 a.m to 1 p.m.

Royal Canadian Legion, Constance Bay

377 Allbirch Rd

November Social Sponsored by: The Carp Custom Creamery=Carly Virtue and Janice Ciavaglia & Penney Lane Farm=Andrea and Lawrence Burke & The Delormes and Trish & Pete St.Croix

****Welcome Doucette Photography as well!****

All Seniors welcome, for more info contact Julie at juliejax20101972@gmail.com or 613-914-4441. Seniors with dementia/Disabilities must be accompanied by a Caregiver.