



The Royal Canadian Legion

West Carleton Branch 616



SEPTEMBER 2025

VOLUME 17, ISSUE 04



377 Allbirtch Road, and
Constance Bay, ON,
K0A 3M0
(613) 832-2082

[Website](#)

[E-mail](#)

[Facebook](#)

♥ Highlites

♥ Pictures.

♥ Coming Up . . .

♥ Past Events . . .

♥ Calendars.

♥ TGIF Dinner
Schedule . . .



Newsletter by Arleen Morrow
& Marilyn Deslauriers

September Newsletter

Branch 616 is winding down a laid-back summer and is kicking off a busy fall. The **2026 Earlybird Membership Campaign** is underway. Come down to the Branch and submit your 2026 membership dues to the bartender, or pay online. Everyone who pays from now until November 30th is eligible for a refund of your money and a discount on your payment. When you pay your name goes into a draw for the refund; a name is drawn for each month of the campaign. Everyone has 3 chances to win, everyone gets the discount.



Legion Week is next on the agenda. It starts with Honours and Awards on Sunday September 21st, with activities all week and winds up on Saturday September 27th with a pool tournament. The dart leagues will resume for the season - mixed is blind draw, ladies and men's will also be blind draw until the schedule is out 2 weeks later. The full Legion Week schedule is attached.

Please consider participating in the **Poppy Campaign** which goes from Friday October 31st to Monday November 10th. Poppies will be available at the Sobeys and Metro stores on March Road and at various other local businesses. You may contact Poppy Chair George Dolan at 613-832-2719 to volunteer. As is the custom, Branch 616 observes Remembrance Day on the Saturday before November 11; this year it will be on Saturday November 8.

The Ladies Auxiliary kicked off the inter-branch sports program by hosting Zone Euchre on Saturday August 23. Branch 616 entered 3 teams who all finished in the top 9. The Almonte team of Connie Cormier, Deb McIntyre, Delyn Dugdale and Jill Boss placed first.



The annual seminar to which the Perley Veterans Health Centre invites all Legion Branches in appreciation for the support given throughout the year will be held at the Perley on Monday October 6. Please consider attending.

We had a most welcome guest who came in to say hello last month. David McBride was among the many local veterans and their families who gave their all to form this Branch of the Royal Canadian Legion. Comrade McBride has been a member for 57 years and is the last surviving Charter Member. He is shown here holding the Charter plaque along with Branch Membership Chair Jim Wilson. Also shown are our newest Branch members Peter and Donna Watters along with House & Grounds Chair Barry Milks.



Past Events:

Thursday August 14, Seniors Social: Another good outing for our seniors organized by Julie Maheral. The theme for this one was “Wild Wild West”. A good number of westerner’s showed up to dance and sing along to the music of Rob Gallant & Whiskey Mike. Lunch was served and a lot of souvenir pics were taken at the photo booth. Thank you to all who came; be sure to attend the next one - the theme will be “The Rockin’ Fifties!’! And thanks again to Julie and helpers. (pics page 3)

Friday August 15, Ladies Auxiliary BBQ: The auxiliary ladies outdid themselves again; another complete sellout! Thank you to the volunteers and all who attended! (pics page 4)

Friday August 29, Seniors BBQ: Another great one for the Branch! Thank you to the Sandhill Seniors and all their helpers – a perfect ending to summer BBQs!!

Coming Up:

Sunday September 7, Horseshoe Tourney; Blind draw doubles; register 12:30 pm, play at 1:00 pm; \$10.00 ea

Saturday September 20, Annual Alfie Currie Golf Tournament: SOLD OUT

Sunday September 21 to Saturday September 27: Legion Week ; Schedule attached (page 8)

Friday October 10, Meals to Wheels is back!!

Friday October 31, Hallowe’en Party: 8:00 pm. Details to follow

Don’t Forget:

Next L.A. Meeting – Monday September 08 , 700 pm.

Next Branch Meeting – Monday September 15, Exec 6:30 pm., General 7:30 pm.

Hall Rental: We have an 80 to 100 capacity space to rent - please call the Branch for info **613-832-2082**

Standing Dates:

Monday: Every 1st Monday: Ladies Auxiliary Meeting 7:00 pm.

Every 3rd Monday: Branch Executive Meeting 6:30 pm.

Every 3rd Monday of June September November January March May: Branch General Meeting 7:00 pm.

The Legion fiscal year starts on June 1; July & August general meetings are suspended

Tuesday: Ladies’ Darts 7:00 pm. Every 2nd Tuesday: Seniors Potluck & Meeting 12:00 noon

Wednesday:

Thursday: Men’s Darts 7:00 pm.

Friday: Mixed Darts 7:00 pm.

Every 2nd Friday: Meals to Wheels TGIF Dinner 5:30 p.m., \$20.00

Canada Day: every July 1st

Legion Week: 3rd Sunday in September to following Saturday

Branch Remembrance Day: Saturday prior to November 11

New Year’s Day Levee: every January 1st

St. Patrick’s Day Celebration: Every March 17

Children’s Easter Party: every Easter Sunday

RED FRIDAYS - Please show your support for our troops and their families and to the families of the 158 soldiers killed in Afghanistan by wearing red on Fridays.



Wild-Wild West





Seniors - B.B.Q.





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labour Day	2	3	4	5	6 Horseshoe Tournament 12:30 pm
7	8 L.A. Meeting 7:00 pm	9	10	11	12	13 Bay Day Kanata Branch 638 Pig Roast
14	15 Br Exec mtg 6:30 pm Gen mtg 7:00 pm	16	17	18	19	20 Alfie Golf SOLD OUT!!
21 LEGION WEEK Honours & Awards 2:00 pm	22 Trivia 7:00 pm	23 Ladies Darts 7:00 pm	24 Pool (pre-register before 6:00pm) Euchre 7:00 pm	25 Men's Darts 7:00 pm	26 L.A. BBQ 5:00 pm Mixed Darts 7:00 pm	27 Pool Tourney Legion Wk Finale
28 L.A. ZoneDarts Playdowns	29	30 Ladies Darts 7pm				

OCTOBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Men's Darts 7pm	3 Mixed Darts 7pm	4 LA Zone Singles & Doubles
5	6 L.A.Mtg 7:00 pm Perley Seminar	7 Ladies Darts 7pm	8	9 Men's Darts 7pm	10 Mixed Darts 7pm Meals to Wheels	11 Booked
12	13 Thanksgiving	14 Ladies Darts 7pm	15	16 Men's Darts 7pm	17 Mixed Darts 7pm	18 Booked
19	20 Branch Exec Mtg 7:00 pm	21 Ladies Darts 7pm	22	23 Men's Darts 7pm	24 Mixed Darts 7pm Meals to Wheels	25 Booked
26	27	28 Ladies Darts 7pm	29	30 Men's Darts 7pm Mixed Darts 7pm	31 Mixed Darts 7pm Halloween 	Booked



Royal Canadian Legion Branch 616 Legion Week



2025

Sunday September 21 – Saturday September 27

Sunday September 21:
Honours & Awards 2:00 pm

Monday September 22:
Trivia Challenge
7:00 pm

Tuesday September 23:
Ladies Darts 7:00 pm
Fun Night

Wednesday September 24:
Pool Tourney - Pre register before 6:00 pm
Euchre 7:00 pm

Thursday September 25:
Men's Darts 7:00 pm
Fun Night

Friday September 26:
Mixed Darts
Ladies Auxiliary in the Kitchen
Watch for Info

Saturday September 27:
WIND-UP POOL TOURNAMENT



Everyone Welcome

Lest We Forget



Country & Western Pig Roast

**GET YOUR BOOTS ON FOR A
STOMPIN' GOOD TIME!**

Legion



Branch 638
Kanata



LIVE MUSIC BY GRATEFUL WE'RE NOT DEAD

70 HINES ROAD KANATA K2K 2M5

**SATURDAY
SEPT 13, 2025
\$25/PP**

**DOORS OPEN: 5:00
DINNER AT: 6:00
COUNTRY/WESTERN
OR CASUAL ATTIRE**

**MENU: ROAST PORK, BAKED BEANS, CORN ON
THE COB, COLE SLAW, CHEESE BREAD, DESSERT**

**RESERVE YOUR SEATS BY SEPT. 6, 2025
CONTACT LORRAINE LAPENSEE AT
LMLAPENSEE@SYMPATICO.CA OR 613-831-8319.
PAYMENT IN ADVANCE ONLY — SEND E-TRANSFER TO
LMLAPENSEE@SYMPATICO.CA.**